



Don't forget to eat your vegetables.

Red Oak Community School Elementary Menu

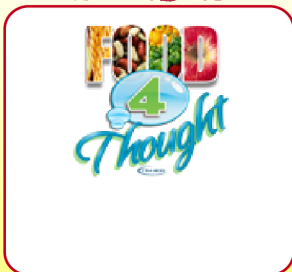
Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

September 2018

MONDAY



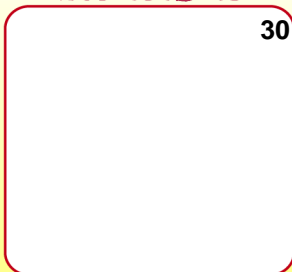
TUESDAY



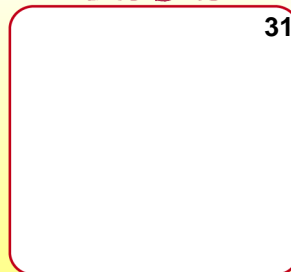
WEDNESDAY



THURSDAY



FRIDAY



3

NO SCHOOL
LABOR DAY

4

Welcome Back Picnic

All American Burger Basket
Hamburger on a Bun

Roasted Hot Dog Basket

Ham Deli Sub Sandwich

Kettle Potato Chips
Chocolate Chip Cookie

5

Ice Cream Month

Beefy Nachos with Cheese

Cheese Calzone

Chef Salad

Roasted Corn

6

Southern Chicken Biscuit

Pulled Pork Sandwich

Beef Taco Salad

Baked Beans
Coleslaw

7

BBQ Rib Sandwich

Cheese Bread

Yogurt Pak with Bagel

Garden Salad

10

National Hot Dog Day

Top Your Hot Dog!

Hot Ham & Cheese Flatbread

Turkey BLT Wrap

Creamy Potato Salad

11

Toasted Cheese Sandwich

Chicken Bacon Ranch Melt

Egg & Chicken Salad Slider Combo

Chicken Noodle Soup
Chocolate Ice Cream

12

HOM: Parsley

Chicken & Gravy

Grilled Chicken Tenders

Pretzel Bites w/Cheese Cubes

Mashed Potatoes
French Bread

13

Soft Beef Tacos
Lettuce, Tomato, Cheese

Southwestern Burger

Turkey Deli Sandwich

Spicy Pinto Beans

14

Pepperoni Pizza

BBQ Chicken Sandwich

Chicken Caesar Salad

Roasted Broccoli

17

Breaded Chicken Patty Basket

Chicken and Cheese Quesadilla

Chicken Caesar Wrap

Golden French Fries

18

Philly Flatbread

Easy Egg Bake
English Muffin
Turkey BLT Wrap

Garden Salad

19

Crispy Chicken Nuggets
French Bread

Hot Turkey & Cheese Sandwich

Ham Munchable

Seasoned Ranch Wedges
Rice Krispie Treat

20

Walking Taco
Lettuce, Tomato, Cheese

Sloppy Joe on a Bun

Turkey Deli Sub Sandwich

Black Beans

21

HOM: Cucumber

Corn Dog

Turkey BLT Flatbread

Crispy Chicken Salad

Cucumber Ranch Salad

24

Crispy Chicken Tenders with Dipping Sauce
Bread Stick
Chicken Bacon Ranch Melt

WG Chips, Salsa & Cheese Cubes
California Blend Vegetable

25

Pizza Bagel

BBQ Rib Sandwich

Turkey BLT Salad

Kale Salad

26

Italian Meatballs & Bread Bowl

Pulled Pork Sliders

Ham Deli Sandwich

Lemon Garbanzo Bean Salad
Chocolate Ice Cream

27

HOM: Peach

Italian Turkey Panini

Ham & Tator Tot Breakfast Bake
Cinnamon Roll

Beef Taco Salad

Minted Fruit Salad

28

Meatloaf

Popcorn Chicken Bowl

Southwest Chicken Salad
Mashed Potatoes
Gravy
French Bread

Regular PK-3	\$2.55
Regular 4-12	\$2.70
Reduced	\$0.40
Adult	\$3.70
Milk	\$0.45



EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.

Entree Salads are served with Dinner Roll

For questions or comments, contact Mindy Riibe at 712-621-0042 or email riiem@roschools.org

